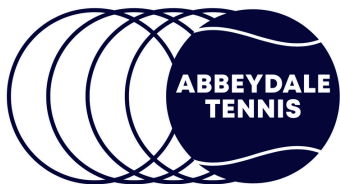


CLUB PROGRAMME



To Book

Class	Day & Time	Coach & Court	Level	Price	Other
Technical Class	Monday 10.30-12pm	Josh Indoors	All Levels	£15.00 Members £25.00 Non Member	New Class for October
Cardio Tennis	Monday 12-1pm	Mo Indoors	All Levels	£6.00 Members £12.00 Non Member	Regular Programme
Tactical Doubles	Monday 6-7pm	Josh Indoors	All Levels	£10.00 Members £16.00 Non Member	New Class for October
Breakfast Tennis	Tuesday 7-8am	Josh Indoors	Advanced	£8.00 Members £14.00 Non Member	New Class for October
Cardio Tennis	Tuesday 9-10am	Adam Indoors	All Levels	£8.00 Members £14.00 Non Member	Regular Programme
Mixed Coaching	Tuesday 10-11am	Adam Indoors	All Levels	£6.00 Members £12.00 Non Member	Regular Programme
Technical Class	Tuesday 6-7pm	Josh Indoors	All Levels	£10.00 Members £16.00 Non Member	Replacing Advance for October
Americano Tournament	Tuesday 7-8.30pm	Mo Indoors	All Levels	£15.00 Members £25.00 Non Member	Starting 14th October

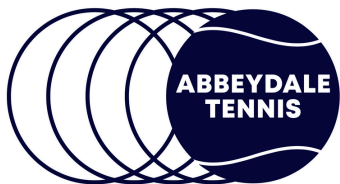


CLUB PROGRAMME



To Book

Class	Day & Time	Coach & Court	Level	Price	Other
Breakfast Coaching	Wednesday 7-8am	Adam Indoors	Advanced	£6.00 Members £12.00 Non Member	Regular Programme
Cardio Tennis	Wednesday 9-10am	Adam Indoors	All Levels	£6.00 Members £12.00 Non Member	Regular Programme
Mixed Coaching	Wednesday 10-11am	Josh Indoors	All Levels	£8.00 Members £14.00 Non Member	New Class for October
Improvers & Intermediate Coaching	Wednesday 6-7pm	Adam & Mo Indoors	Improvers & Intermediate	£6.00 Members £12.00 Non Member	Regular Programme
Beginners & Improvers Coaching	Wednesday 7-8pm	Adam & Mo Indoors	Beginners & Improvers	£6.00 Members £12.00 Non Member	Regular Programme
Tactical Doubles	Thursday 9-10am	Josh Indoors	All Levels	£10.00 Members £16.00 Non Member	New Class for October
Mixed Coaching	Thursday 10-11am	Adam Indoors	All Levels	£6.00 Members £12.00 Non Member	Regular Programme



CLUB PROGRAMME



To Book

Class	Day & Time	Coach & Court	Level	Price	Other
Breakfast Tennis	Friday 7-8am	Adam Indoors	Advanced	£6.00 Members £12.00 Non Member	Regular Programme
Tactical Class	Friday 9-10am	Josh Indoors	All Levels	£10.00 Members £16.00 Non Member	New Class for October
Cardio Tennis	Friday 6-7pm	Adam Indoors	All Levels	£6.00 Members £12.00 Non Member	Regular Programme
Cardio Tennis	Sunday 10-11am	Adam Indoors	All Levels	£6.00 Members £12.00 Non Member	Regular Programme
Tactical Class	Sunday 11-12pm	Josh Indoors	All Levels	£10.00 Members £16.00 Non Member	New Class for October

Abbeydale Tennis Club, Abbeydale Road South, Sheffield S17 3LJ

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